

CANARIA

Labor Market Index

March 2026 | Data through Mar 01 – Mar 14, 2026

Partial month: 14 of 31 days. Metrics normalized to daily rates.

HIRING VELOCITY

474,332/day

avg daily postings

↓ -5.3%

MEDIAN SALARY

\$48,880

disclosed salaries

↓ -2.1%

REMOTE RATE

4.2%

among 30.8% classified

↑ +0.8%

TOTAL POSTINGS

6,640,644

in 14 days

→ 0%

Executive Summary

Job posting velocity declined 5.3% month-over-month in March 2026 to 474,332 average daily postings, while median salaries fell 2.1% to \$48,880 across 21,653 disclosed positions. The labor market showed stark sectoral divergence, with Automotive Parts & Accessories Stores surging 248.2% as Internet Marketplace Platforms plummeted 95.9%. Remote work opportunities expanded to 4.2% of all postings, up 0.8 percentage points from February.

Top Salary Movers

Role	Current	Prev	Chg
Health Services Director / Registered Nurse	\$282,500	\$112,500	↑ +151.1%
Operations Manager	\$90,000	\$65,520	↑ +37.4%
Delivery Service Driver	\$46,540	\$41,600	↑ +11.9%
Sales Representative	\$82,500	\$75,000	↑ +10.0%
Front Desk Agent	\$36,400	\$33,280	↑ +9.4%

Bottom Salary Movers

Role	Current	Prev	Chg
Pest Control Technician	\$15,000	\$45,625	↓ -67.1%
Commercial Insurance Account Manager	\$65,000	\$80,000	↓ -18.8%
Bartender	\$30,680	\$35,360	↓ -13.2%
Cpq Consultant	\$130,500	\$147,500	↓ -11.5%
Behavior Support Assistant	\$41,600	\$45,760	↓ -9.1%

Hiring Trends



Source: Canaria Inc. — 400M+ deduplicated postings | decanaria.com

Industries Heating Up

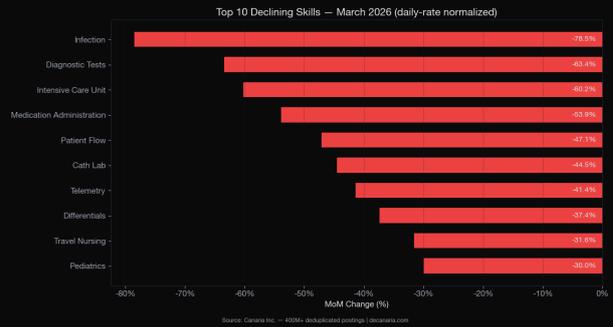
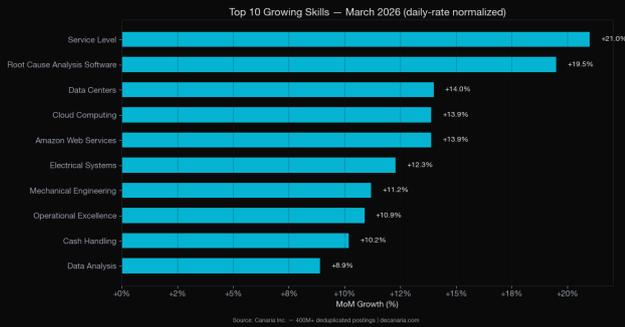
Industry	Daily	MoM
Automotive Parts & Accessories Stores	1,633	↑+248.2%
Technology, Information and Internet	13,132	↑+122.3%
Events Services	407	↑+77.7%
Department, Clothing & Shoe Stores	1,270	↑+59.9%
Medical Equipment Manufacturing	985	↑+57.3%
Property Management	739	↑+54.6%
Pharmaceutical Manufacturing	1,224	↑+53.8%
Business Consulting	672	↑+48.7%
Media & Communication	485	↑+47.9%
Retail Apparel and Fashion	787	↑+45.5%

Industries Cooling Off

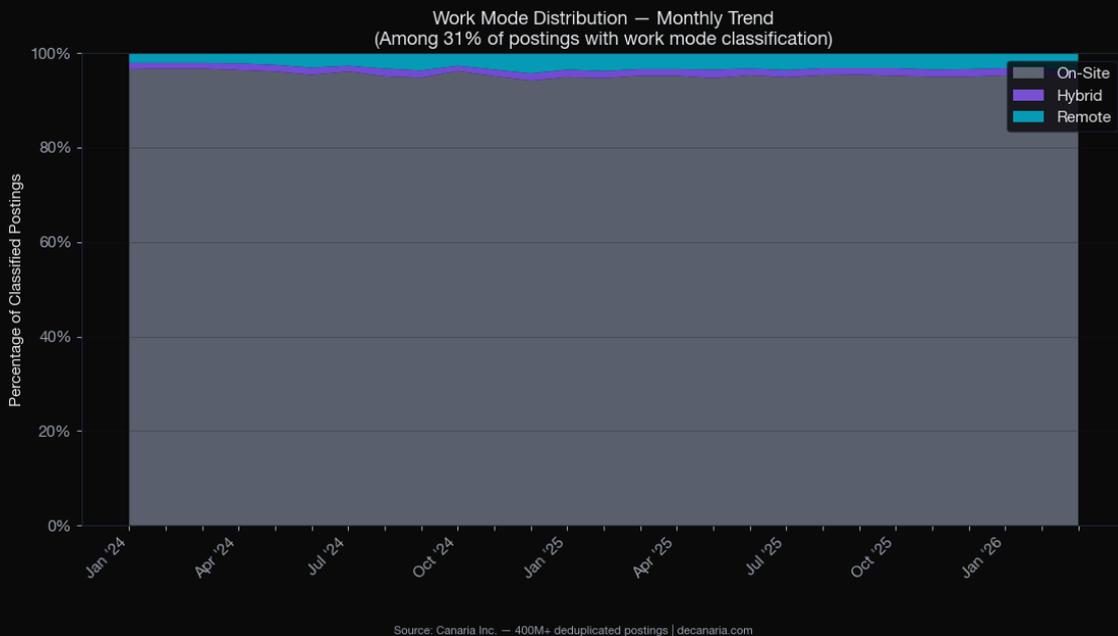
Industry	Daily	MoM
Internet Marketplace Platforms	609	↓-95.9%
Legal Services	457	↓-80.1%
Blockchain Services	173	↓-62.1%
Medical Testing & Clinical Laboratories	195	↓-48.8%
Arts, Entertainment & Recreation	618	↓-45.9%
Insurance Carriers	324	↓-45.5%
food & beverages	119	↓-44.1%
Dental Clinics	370	↓-33.0%
Salud	699	↓-26.3%
Venture Capital and Private Equity Principals	217	↓-21.4%

Salary Trend

Skills Trends



Work Mode Distribution



SOC Major Group Hiring

SOC	Major Group	Postings	MoM
25	Educational Instruction and Library	94,105	↓ -45.8%
35	Food Preparation and Serving Related	171,908	↓ -48.4%
17	Architecture and Engineering	81,522	↓ -49.9%
41	Sales and Related	216,555	↓ -50.2%
53	Transportation and Material Moving	143,077	↓ -51.0%
39	Personal Care and Service	36,973	↓ -52.0%
37	Building and Grounds Cleaning and Maintenance	43,121	↓ -52.5%
47	Construction and Extraction	32,359	↓ -52.7%
49	Installation, Maintenance, and Repair	80,514	↓ -53.3%
15	Computer and Mathematical	96,844	↓ -54.0%

Methodology

Data Source

Based on Canaria's database of 400M+ deduplicated US job postings with 85+ enriched fields, sourced from Indeed, LinkedIn Jobs, and 200,000+ employer ATS career portals.

Enrichment

37,000+ skills taxonomy, SOC classification, salary prediction (MAPE <15%, trained on 50M+ observations), seniority, and work mode detection.

Methodology Notes

All metrics compare the current reporting period to the prior full calendar month. When the current month is incomplete, volume and skill metrics are normalized to daily rates. Salary metrics use the 2.5% of postings with disclosed salary (SimplyHired source), grouped by normalized job title. Remote work percentages are computed among classified postings only. Skills are filtered for NLP noise terms.

Data Coverage

PERIOD	POSTINGS ANALYZED	DAILY AVERAGE
Mar 01 – Mar 14, 2026 (14 days)	6,640,644	474,332
SALARY RECORDS	WORK MODE CLASSIFIED	
21,653 (0.3% coverage)	30.8% of postings	

Historical Snapshot

Month	Postings	Med. Salary	Remote %	Hybrid %
2025-10	18,063,785	\$67,600	3.2%	1.6%
2025-11	15,242,875	\$69,894	3.4%	1.5%
2025-12	14,651,152	\$67,562	3.5%	1.6%
2026-01	17,257,621	\$48,880	3.2%	1.5%
2026-02	14,259,625	\$49,920	3.4%	1.6%
2026-03	7,203,355	\$48,880	4.0%	1.5%

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